The SACS is only to be used by health professionals working with young people who are engaged in a treatment agency.

The questions in part A) and B) are about your use of alcohol and drugs over the last month. This does not include tobacco or prescribed medicine. Please answer every question as best you can, even if you are not certain. Tick only one box on each row.

A) How often did you use each of the following in the last month?

1. Alcoholic drinks (e.g. beer, wine, spirits, premixes)
   - Didn't use
   - Once a week or less
   - More than once a week
   - Most days or more

2. Cannabis (e.g. weed, marijuana)
   - Didn't use
   - Once a week or less
   - More than once a week
   - Most days or more

11. Other drug. Write name here

12. Other drug. Write name here

13. Other drug. Write name here

B) Mark one box (on each row), on the basis of how things have been for you over the last month.

1. I took alcohol or drugs when I was alone.
   - Not True
   - Somewhat True
   - Certainly True

2. I've thought I might be hooked or addicted to alcohol or drugs.

3. Most of my free time has been spent getting hold of, taking, or recovering from alcohol or drugs.

4. I've wanted to cut down on the amount of alcohol and drugs that I am using.

5. My alcohol and drug use has stopped me getting important things done.

6. My alcohol or drug use has led to arguments with the people I live with (family, flatmates or caregivers etc.).

7. I've had unsafe sex or an unwanted sexual experience when taking alcohol or drugs.

8. My performance or attendance at school (or at work) has been affected by my alcohol or drug use.

9. I did things that could have got me into serious trouble (stealing, vandalism, violence etc) when using alcohol or drugs.

10. I've driven a car while under the influence of alcohol or drugs (or have been driven by someone under the influence).

C) Finally, how often have you used tobacco (e.g. cigarettes, cigars) in the last month?

   - Never
   - Once a week or less
   - More than once a week
   - Most days or more

Date completed

Clinician

Notes

SACS difficulties scale